

# Guidelines for use of WELLNESS AREA

Carefully read these regulations and respect them at all times while using the wellness facilities in your Ardennes-Etape holiday home.

#### Before entering the wellness area, please



- take off your shoes. Move around the wellness area barefoot or with adapted sandals;
- leave **keys**, **cell phones** and other items that may damage the equipment (chairs, mattress...);
- if necessary put on a **bathing suit** or other clothing specifically intended for this purpose;
- take a shower to remove creams, make-up, dirt and carefully wash your feet;
- b cover the seats of the sauna with a towel.

### **Prohibited**



Animals are not allowed in the wellness area.

It is prohibited for **drunk** people to enter the wellness area.

People affected by a **contagious illness** should never enter the wellness area.

Do not bring **food or drinks** into the wellness area. Do not forget to leave chewing gum or candy in the rubbish.

## **Child safety**



Children should **ALWAYS** be under supervision of adults. Never leave the kids alone in the wellness area (risk of burns or drowning).

Do not leave kids for too long in the sauna or hamam. Think about their age and resistance.

Let children drink plenty of water before and after using sauna or hamam.

Let children take place in the lower areas of the sauna or hamam (lower temperatures).

#### Before you leave



**Cover the Jacuzzi** to keep the heat inside and save energy.

Always **shut down** the sauna, hamam or Jacuzzi before leaving.

Save energy by covering the pool. This keeps the heat inside.

The home owner is not responsible in case of an accident in or around the wellness-area.

Please read and respect the possible additional regulations provided by the home owner.

